

LFD Home Testing Flow Chart for Asymptomatic Secondary-aged Students in Milton Keynes: Guidance For Parents/Carers & Students From 12 April 2021

Has anyone in your household developed symptoms of COVID-19: new continuous cough (coughing frequently for more than an hour, or 3 or more coughing episodes in 24 hours) and/or high temperature and/or a loss of, or change in, normal sense of taste or smell (anosmia).

NO

YES

Student to take a rapid LFD Home Test.

This should be done:

- ✓ twice weekly
- ✓ 3-4 days apart
- ✓ in the morning before they leave for school.
- ✓ Student aged 11 must have the swab taken by their parent/carers
- ✓ Students aged 12-17 year olds can self-test and report with adult supervision
- ✓ Students aged 18 and over can self test and report themselves.

Click here to see How to do an LFD Test

www.gov.uk/covid19-self-test-help

Set a timer for 30 minutes and read the test result at 30 minutes (**not before or after**).

Tell the school/college the result (as instructed by your school/college).

Log your result online at www.gov.uk/report-covid19-result (or by phone 119 if no internet available).

NEGATIVE
LFD TEST RESULT

VOID
LFD TEST RESULT

POSITIVE
LFD TEST RESULT

CAUTION
Student can go to school/college as normal and continue to take current precautions. The test did not detect COVID-19 but rapid tests miss some infections. **A negative test does not rule out coronavirus infection.**

If 1st void result: repeat using a new LFD test kit.
If 2nd test result is void: book a PCR test and inform the school/college. Student does **NOT** need to self-isolate unless PCR is positive.

Student should **NOT** take an LFD Test and **NOT** go to the setting. Book a standard PCR test as soon as possible for anyone in your household with symptoms. This can be done online at:

www.nhs.uk/coronavirus.

Please do not let anyone from your household go into school/college or work until the test result is known.

Alternatively a test can be ordered by phone on NHS 119 for those without the internet.

Positive Result
Inform your setting to enable contact tracing to begin. You, your household and close contacts must **self-isolate for 10 days from start of symptoms** or date of LFD test (if the LFD testing route was followed), as per Government guidelines.

Negative Result
Student can return to school/college and their household can stop isolating. Restart twice weekly LFD home testing.

Book a PCR test WITHIN 2 DAYS of positive LFD test online at <http://www.gov.uk/get-coronavirus-test> or telephone NHS 119.

You, your household and/or support bubble, and close contacts, must self-isolate immediately whilst awaiting a test and test results.

Please note:

- LFD test = Lateral Flow Device tests are rapid tests that can be used at home and the result is available after 30 minutes
- PCR test = polymerase chain reaction test that can be booked online and is sent to a lab for the result.
- LFD tests are used for identifying Covid-19 infection where there are no symptoms and should **not** be used if you have any symptoms.
- LFD tests are safe to use in pregnancy.
- If you have had a Covid-19 vaccination you should still take part in the LFD testing as you may still transmit the virus.
- If you have been identified as a close contact of a positive case, a negative LFD test does not mean you can stop isolating.
- If you have had a recent nosebleed, or have a nose piercing use the other nostril to swab for the LFD test.
- If you have recently (within 90 days) had a positive PCR test for COVID-19 you are exempt from testing by both PCR and LFD within 90 days of a positive PCR test result, unless you develop new symptoms. Individuals may choose to take a LFD test after the isolation period.

Read through the NHS Test & Trace booklet: your step-by-step guide for Covid-19 self-testing given to you with your test kits



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